

St. Benedict Parish
5th Sunday in Ordinary Time—Mass
Hymn Sheet

Gathering Hymn: “O God Our Help in Ages Past”

1. O God our help in ages past, Our hope for years to come,
Our shelter from the stormy blast and our eternal home.
2. Before the hills in order stood, Or earth received her frame,
From everlasting thou art God, to endless years the same.
3. A thousand ages in thy sight are like an evening gone;
Short as the watch that ends the night before the rising sun.
4. Time, like an ever-rolling stream, soon bears us all away;
We fly forgotten, as a dream dies at the opening day.

Responsorial Psalm: (SUNG) “Praise the Lord, who heals the broken hearted”

Preparation Hymn: INSTRUMENTAL

Communion hymn: “Be Not Afraid”

1. You shall cross the barren desert, but you shall not die of thirst.
You shall wonder far in safety, but you do not know the way.
You shall speak your words in foreign lands and all with understand.
You shall see the face of God and live.

Refrain: Be not afraid. I go before you always. Come follow me, and I will give you rest.

2. If you pass through raging waters in the sea, you shall not drown.
If you walk amid the burning flames, you shall not be harmed.
If you stand before the power of Hell and death is at your side,
Know that I am with you through it all. (Refrain)
3. Blessed are your poor, for the kingdom shall be theirs.
Blest are you that weep and mourn, for one day you shall laugh.
And if wicked tongues insult and hate you all because of me, blessed, blessed are you!

Recessional Hymn: "A Mighty Fortress"

- 1.** A mighty fortress is our God, Our stronghold and protection;
He is our hope, our friend, our guide, the giver of salvation.
Our Lord is God alone, he made the world his own;
He speaks and winds obey, he rules 'til endless day;
His truth abides forever.
- 2.** Great and eternal is our God, the God of all creation;
He made the sun to shine through cloud,
He formed earth's deep foundation. Rejoice and praise his name,
His goodness will remain, with strong and guiding hand,
firm shall his justice stand, His promise is eternal.